

# BEYOND BREAKTHROUGHS

Transforming HG Through  
Research and Collaboration

2023-2024 Impact Report



**HER**  
Foundation®  
[hyperemesis.org](https://hyperemesis.org)







# HER STORY

I suffered from severe HG from 4 weeks into the pregnancy and survived thanks to the help of HER. The first hospital I was admitted to (at six weeks) had never heard of HG and refused to give me the lifesaving treatment I needed. HER helped me to understand the protocol and I pushed for the doctors to follow the algorithm. I moved hospitals at 11 weeks and was given all the treatment and support I needed.

Without a doubt, if it wasn't for HER, I would have needed an abortion to save my own life. And this was nearly the path taken. Now the future looks bright for me and my family, and we look forward to welcoming our baby into the world."

— Helen, France



# TABLE OF CONTENTS

2	A MESSAGE FROM OUR EXECUTIVE DIRECTOR
4	MAKING AN IMPACT
6	SOCIAL MEDIA HIGHLIGHTS
8	RESOURCES & SUPPORT
11	EDUCATION HIGHLIGHTS FEATURING ICHG 2024
14	RESEARCH & PRESENTATIONS
16	MARLENA FEJZO, PHD MEDIA & PUBLIC ENGAGEMENT
20	RAISING AWARENESS & ADVOCATION FOR CHANGE
22	2023-2024 FINANCIAL OVERVIEW
24	OUR PEOPLE
26	PARTNERS & DONORS



**HER**  
Foundation

# A MESSAGE FROM OUR EXECUTIVE DIRECTOR

The past two years have greatly advanced our mission through education, research, support, and advocacy. We contributed research that improved our understanding of HG and provided resources and education that benefited thousands of families globally.

Our pivotal research on GDF15 levels in HG patients led by Dr. Marlena Fejzo, HER Research Director, was published in *Nature* (Dec 2023) and generated exciting new interest in HG. We now have insight into possible prevention strategies and the influence of the baby's genes on HG severity! This groundbreaking work garnered widespread recognition, including Dr. Fejzo being honored as a Time Woman of the Year Honoree. She was also invited to appear on the Today Show, attended the Fortune Most Powerful Women Conference, and spoke at the White House Conference on Women's Health Research.

We also empowered healthcare professionals as Dr. Aimee Brecht-Doscher, HER Medical Director, and I shared our expertise and educated professionals at events including SMFM, APGO/CREOG, WIC, Texas DHHS, Scripps Women's Health, and NPWH.

Our team, led by Dr. Brecht-Doscher, hosted the International Colloquium on Hyperemesis Gravidarum (ICHG) in Ventura, CA in November 2024, drawing over 107 attendees from 15 countries. This facilitated the dissemination of the latest research, including our recent studies on GDF15 and trends in hospitalization and treatment of HG. It also encouraged important new collaborations on innovative research with our global partners.

From groundbreaking research published in prestigious journals and hosting ICHG 2024 to national media appearances and direct engagement with healthcare professionals, our efforts in 2023-2024 brought bold advances in awareness, improved genetic insights, and drove important changes in the management of those affected by HG.

Thank you for your continued dedication and support which makes these remarkable achievements possible. Together, we are making a profound difference and helping more mothers and babies survive and thrive.

— *Kimber*

HER Executive Director

## OUR MISSION

The Hyperemesis Education and Research Foundation's mission is to provide Hyperemesis Gravidarum (HG) support, advocacy, education, and research to improve treatment and outcomes.





A portrait of Kimber MacGibbon, a woman with dark, wavy hair, smiling. She is wearing a black blazer over a purple top and large hoop earrings. The background is a soft, out-of-focus pink and purple gradient.

“  
**OUR RESOURCES  
HAVE EQUIPPED  
3 MILLION PEOPLE  
ACROSS THE  
GLOBE TO  
NAVIGATE HG!**

**Kimber MacGibbon, MS, BSN, RN  
Executive Director, Co-Founder**



2023-2024

# MAKING AN IMPACT



**10,000**

**ACTIVE  
PARTICIPANTS**

in online  
support groups



**615** families  
helped

**ONE-TO-ONE  
CRISIS SUPPORT**

in over 43 countries



**358**

**LIVE SUPPORT  
ATTENDEES**

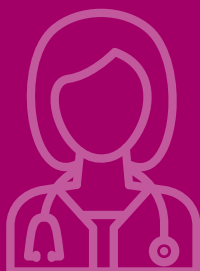
in our clinician led  
support groups



**54,000**

**RESOURCES  
DOWNLOADED**

by 27,000 people



**>1350**

**PROFESSIONALS  
EDUCATED**

through webinars  
and speaking events



**2M**

**WEBSITE PAGES  
VIEWED**

with 454,000  
people reached

As the established global voice of HG, the HER Foundation is a 501(c)3 nonprofit providing a comprehensive approach to hyperemesis gravidarum, offering support, groundbreaking research, advocacy, and education. Since 2000, we have been the leading resource, helping millions globally.





# HER STORY

"I felt passionate about my experience with HG and wanted to be a support to other women, or potentially to one of my daughters in the future. I reached out to the HER Foundation to see how I could help and I learned so much about the incredible progress they have made. There are remarkable advancements happening at HER that should be shared with the world.

You could connect someone to a life changing resource and create a positive space for them to feel supported during their pregnancy. The HER Foundation has renewed a sense of hope for me, my daughters, HG survivors, and all women around the world."

— Elizabeth Meyer, California USA

2023-2024

# SOCIAL MEDIA HIGHLIGHTS



719,333

FACEBOOK  
REACH



7,100

REDDIT  
MEMBERS



660,452

INSTAGRAM  
REACH



**MOST VISITS**

US, UK, Australia, Canada  
Ireland, New Zealand,  
South Africa



\$31,200+

SOCIAL MEDIA  
DONATIONS

## INSTAGRAM **LIVE**

**ER Care and HG & Morning Sickness  
Clinic in Alabama**

Kelly Housholder and Dr. Andrew Housholder

**HG Awareness Day**

Jen Jean Pierre

**Reclaiming Your Power Through  
Breastfeeding**

Susan Fuchs, MS, IBCLC

**Breastfeeding Essentials: Tools for a  
Strong Start**

Hoda Shawky

**HG & Maternal Mental Health**

Paige Bellenbaum, LCSW with The Motherhood  
Center of New York

**Expert Insight: Nutrition During HG**

Kris Mogensen, MS, RD-AP, LDN, CNSC

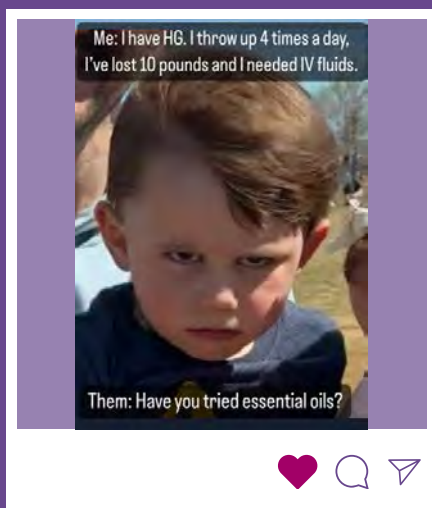




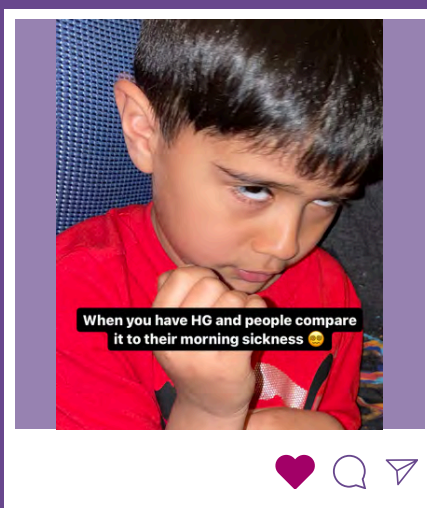
# HER FOUNDATION SOCIAL MEDIA MEME CONTEST

Our incredible community submitted relatable HG memes throughout HG Awareness Month. From witty captions to hilarious kids, each meme captured the unique experiences of those battling HG. We hope to bring a bit of humor to an otherwise difficult and dark time.

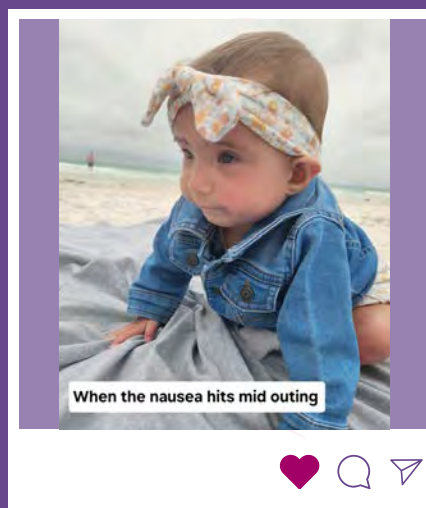
1<sup>st</sup>  
PLACE



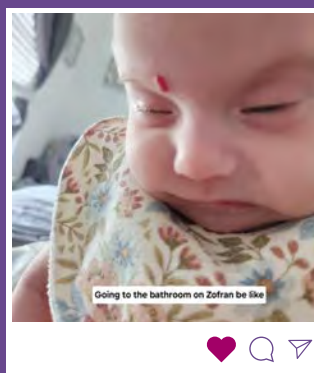
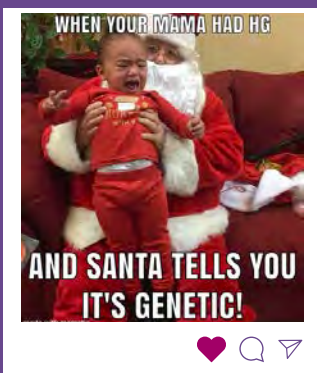
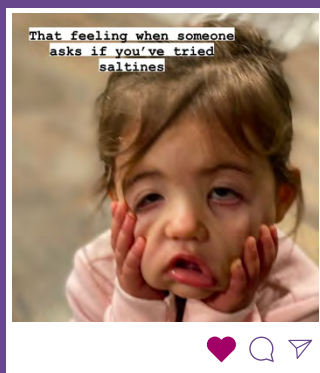
2<sup>nd</sup>  
PLACE



3<sup>rd</sup>  
PLACE



## OTHER SUBMISSIONS

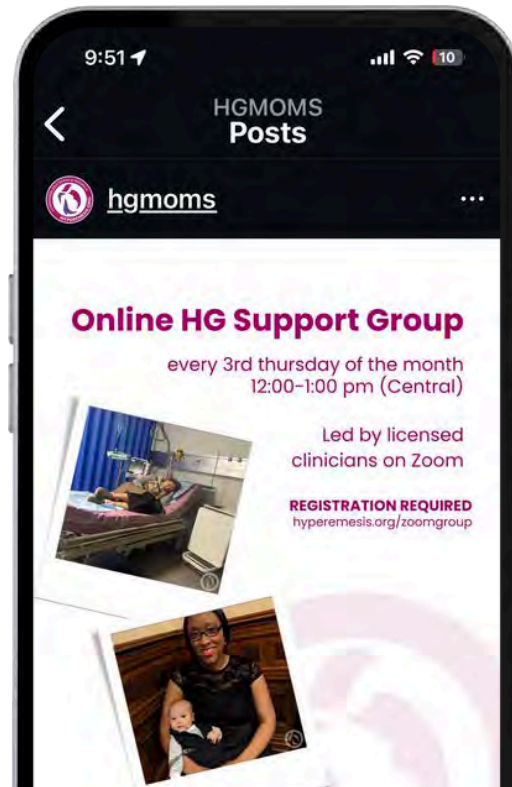


# RESOURCES & SUPPORT

## 2023-2024 SUPPORT GROUPS

- Our clinician-led live support groups provided structured guidance to **358 attendees**.
- Our moderated online support Community platform, Facebook groups, and Reddit created safe spaces for **14,000+ active members**.
- **890+ individuals** reached out through social media direct messages seeking urgent support.

*Our support system ensures that no family faces HG alone, regardless of location or healthcare access.*



## HG PROVIDER PACKETS

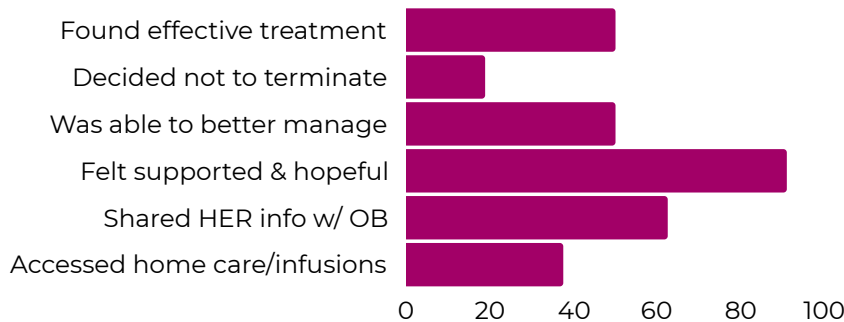
Our Healthcare Professional Education Packets have directly influenced treatment decisions and patient outcomes across the country.





most vulnerable moments. Our specialized crisis team clinicians personally engaged in 1,228+ critical communications with families, providing immediate evidence-based guidance. Nearly all reported satisfaction and improvements in treatment that reduced symptoms and hospitalization.

## ACTIONS TAKEN FOLLOWING HER FOUNDATION SUPPORT



**HER FOUNDATION  
SUPPORT**

# 90%

## SATISFACTION RATE

## HEALTHCARE PROFESSIONAL PALM CARDS

Our pocket-sized clinical reference cards provide clinicians with immediate access to an evidence-based HG treatment algorithms at the point of care, enabling more consistent patient care and reduced treatment delays.

[illegible]



“

I NAVIGATED MY FIRST PREGNANCY ALONE. IN MY SECOND PREGNANCY, THE RESOURCES, NURSE FEEDBACK, ENCOURAGEMENT, AND EVEN A LETTER MAILED MADE SUCH A DIFFERENCE.

Shari W., California, USA  
HG Survivor



## CRITICAL SUPPORT FOR HG SUFFERERS & THIER FAMILIES

"Battling HG, feeling alone, and feeling misunderstood cause damage to families. The mental, physical, and emotional impact of HG is awful. It breaks my heart that so many have experienced or are battling this pregnancy condition. It is NOT morning sickness; it is so much more than that. I thank God above for connecting me with the HER Foundation and their community which is helping me cope. We need each other and more advocates. We more research funded to save us. And we just need more awareness! The HER Foundation has helped me by being a voice for me. If it wasn't for HER, I would not be able to cope with this difficult pregnancy. "

— Chelsey, USA

"Thank you so much! I couldn't find information or support anywhere else even with top doctors and financial resources. Your treatment guides, recommendations, emails, and social media support were life-saving. Thank you for the email support and the treatment guides that I routinely referred to before drs appts and calls. The quiz also helped me understand that this wasn't normal, and I used it regularly to know when to reach out to my drs for better treatment. We have a beautiful, healthy, happy 7 month old born at almost 41 weeks and at a great weight (8lbs 3oz)!"

— Anonymous HG Survivor, New York, USA



# EDUCATION HIGHLIGHTS

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Hosting the 2024 International Colloquium on HG in Ventura, CA, was one of the most exciting events to date for the Foundation.



**>107**

**ICHG 2024  
ATTENDEES**

HG survivors, clinicians  
& researchers



**15**

**COUNTRIES  
REPRESENTED**

at ICHG 2024

## A WORD FROM OUR MEDICAL DIRECTOR

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Two years of planning and hard work culminated in hosting the 2024 International Colloquium on Hyperemesis Gravidarum in Ventura, California. The foremost researchers on HG and over 100 attendees from 15 countries assembled to discuss the latest research, learn about how to treat HG, and share their stories. One of the most rewarding parts of the conference was watching the collaboration between HG survivors, researchers, and clinicians all working towards a shared goal of improving the care of patients with HG. Attendees left with a new enthusiasm for promoting change and many ideas on how to accomplish it.

— Aimee Brecht-Doscher, MD





# ICHG 2024 IN PICTURES





## HER FOUNDATION AMBASSADOR AT ICHG 2024



"Learning more about Hyperemesis Gravidarum has emboldened me to take control of my health and my family planning. There are things I can do to replenish and heal from my previous HG pregnancy AND proactive things I can do to set myself up for a better experience in a future pregnancy. There are a lot of brilliant minds working towards making HG a thing of the past, so our daughters don't have to go through this. I wanted to show up so I could support those people, thank them first hand and tell my story.

Aijia Grammer  
HER Foundation Ambassador



## ICHG 2024 ATTENDEE VOICES



"Learning about the research, being informed, being my own advocate in my journey, and knowing that while I'm not planning to have another child after this, knowing that I can help in some way or that I can help promote this to friends or family members who are going through this, and come with real data and science and knowledge.

And, I've been blown away by the researchers and feel so lucky to be able to hear this on the ground experience in their up-to-date research from all over the world. I was not expecting all over the world. That's why I decided to come and I'm so glad I did. I've already met some incredible people who are really making changes and taking this very seriously.

So, I'm very happy I came."

— Alyson Beckman

"The more knowledge we have the better we can actually deal with the situation. For me that's really important and particularly being here, this is my first time at the conference, and I'm just so amazed at the kind of work and dedication of the doctors, the researchers, and the folks in this field have towards this, because it's a small group."

— Karen Jason, USA

### ONE MOM IS TOO MANY

to have to step away from her other contributions to her family, to her society, to her world. We need to find a way to prevent that.

Marla Jehnke, MD (USA)



# RESEARCH & PRESENTATIONS

## RESEARCH HIGHLIGHTS

2023 represented a landmark achievement in HG research with our publication in Nature revealing the crucial role of GDF15 sensitivity and fetal genetic factors in determining HG severity. This groundbreaking discovery fundamentally shifts our understanding of HG and offers promising pathways for targeted therapeutic interventions. The study ignited significant global interest and provided opportunities to share how HG contributes to other pregnancy complications, underscoring the vital need for effective HG treatment to protect maternal and infant health.

We also published key findings on HG hospital utilization and medication trends, revealing inconsistencies in treatment, inadequate dosing, and the likely connection between insufficient care and repeat hospitalizations. This critical work demands continued investment.

Please support our research and help us advance towards a cure!

## GDF15 linked to maternal risk of nausea and vomiting during pregnancy – Nature Journal, 2023

Fetal production of GDF15, and maternal sensitivity to it, both contribute substantially to the risk of HG. We found that the great majority of GDF15 in maternal circulation is derived from the fetoplacental unit and that higher GDF15 levels in maternal blood are associated with vomiting and are further elevated in patients with HG. Our findings support a causal role for fetal derived GDF15 in the nausea and vomiting of human pregnancy, with maternal sensitivity, at least partly determined by pre-pregnancy exposure to GDF15, being a major influence on its severity. They also suggest mechanism-based approaches to the treatment and prevention of HG.





### **Hyperemesis gravidarum theories dispelled by recent research: a paradigm change for better care and outcomes – Trends in Molecular Medicine, 2024**

Recent scientific advances are presented that dispel common myths associated with HG related to maternal/offspring outcomes, etiology, and evolution. There is now strong evidence that (i) HG is associated with poor outcomes, (ii) a common cause of NVP and HG has been identified, and (iii) NVP is likely a protective evolutionary mechanism that occurs throughout the animal kingdom but is no longer necessary for human survival. Therefore, it is encouraging that we are finally on the cusp of testing treatments that may put an end to unnecessary suffering.

### **Risk Factors for Infusions, Emergency Room Visits and Hospitalizations for Hyperemesis Gravidarum: New Data and Literature Review – International J of Women's Health, 2024**

Participants with a ER or hospital visit were significantly more likely to be a person of color, unable to work, have no children, and lose over 15 pounds (6.8 kg). Those who took medications as prescribed had fewer visits. No medication combination or dose was found to be significantly more effective in preventing weight loss or repeat hospital visits. Utilization of medication and nutritional therapies is inconsistent and inadequate in this population, which may increase visit frequency.

### **STUDIES IN PROCESS**

- Identification of more genes in more people
- Metformin for prevention of HG
- Blood biomarkers in patients with and without HG
- Medications and substances prior to pregnancy and HG risk
- Trends in cannabis use for HG



“

**WE ARE WORKING  
HARD TO BRING  
THE NEW FINDINGS  
TO THE CLINIC  
WITH THE GOAL OF  
IMPROVING CARE.**

**Marlena Fejzo, PhD**

# Marlena Fejzo, PhD

## MEDIA & PUBLIC ENGAGEMENT

The past two years mark an unprecedented breakthrough in our mission to elevate awareness of Hyperemesis Gravidarum. Following the publication of our ground-breaking genetic research identifying genes associated with pregnancy nausea and vomiting, our Research Director, Dr. Fejzo, has received numerous accolades and become a sought-after scientific voice, presenting at medical conferences, participating in policy forums, and engaging with international research consortiums.



**Forbes**  
**50 over 50**  
[know your value]

### Forbes 50 over 50: Innovation

With HG's genetic mechanisms now known, Dr. Fejzo is turning her attention toward treating and preventing the condition for patients.



**FALLING WALLS SCIENCE SUMMIT 2024** FINALIST

### Breaking the Wall of Pregnancy Sickness

Dr. Marlena Fejzo was honored for her dedication to understanding and curing Hyperemesis Gravidarum.



**TIME 100 HEALTH**

### Making Pregnancy Safer

Dr. Fejzo hopes that either lowering GDF15 levels during, or supplementing them prior to, pregnancy could spare people with HG from the "torture" she experienced.



## AWARDS & HONORS

### TIME Women of the Year, 2024

TIME Inc. | New York, NY

### Top 10 Achievements By Women In 2024

Hello! | India

### TIME 100 Health Awardee

TIME Inc. | New York, NY

### Victoria J. Mastrobuono Award in Women's Health

National Organization for Women | 2024 National NOW Virtual Conference

### Falling Walls Science Summit Finalist

Falling Walls | Berlin, Germany

### Forbes 50over50 Innovation Awardee

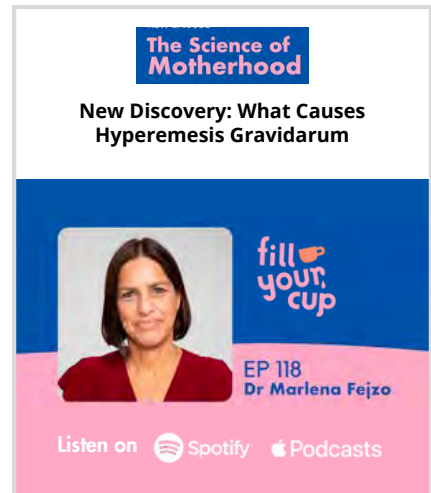
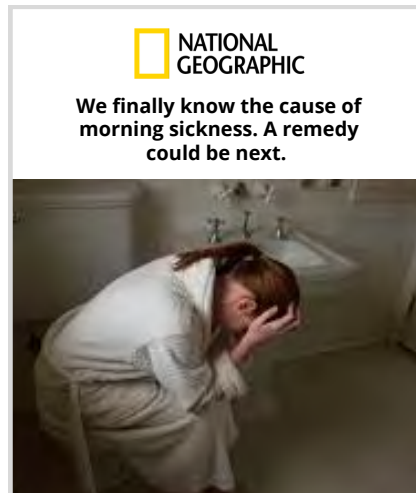
### R13 PA-21-151 NICHD ICHG Conference Awardee

Ventura, California



Marlena Fejzo, PhD

## MEDIA INTERVIEWS



## ADDITIONAL INTERVIEWS

**Forbes Name 50 Over 50 List**  
NBC News | Kate Snow

**New Discovery: What Causes Hyperemesis Gravidarum**  
The Science of Motherhood Podcast | Dr. Renee White

**Morning Sickness Myths Debunked by Scientist**  
Newsweek | Pandora Dewan

**Hyperemesis: 'I couldn't move without vomiting. I couldn't sit up or go to the bathroom'**  
Irish Examiner | Helen O'Callaghan

“WE’VE BEEN ABLE TO WALK ON THE MOON FOR DECADES, YET WOMEN ARE STILL DYING FROM NAUSEA AND VOMITING IN PREGNANCY.”

Marlena Fejzo, PhD  
Invited Speaker at the White House Conference on Women's Health Research, December 2024





TIME 100 Impact Dinner panelists: Dr. Marlena Fejzo, Lilly CSO Daniel Skovronsky, and actress and women's health advocate Halle Berry and Photo Credit: Katie Burke Photography

**Marlena Fejzo, PhD**

## LECTURES & SPEAKING ENGAGEMENTS

### **OBGYN/REI Fellow Lecture**

University of Southern California | Los Angeles, USA

### **Invited CME Lecture**

Michigan Society for Parenteral and Enteral Nutrition Winter Webinar

### **Time 100 Impact Dinner**

Panelist | *Leaders Shaping the Future of Health*

### **NGM Bio Research Retreat**

Keynote Speaker | *What causes severe morning sickness: using genetics to solve an unmet need in women's health*

### **Harvard Affiliated Emergency Medicine Residency Conference**

Speaker | *Hyperemesis Gravidarum: onwards toward better care!*

### **Harvard Perinatal Conference, Brigham and Women's Hospital**

Speaker | *Hyperemesis Gravidarum*

**International Symposium, Institute for Translational Medicine and Therapeutics, Perelman School of Medicine, University of PA**  
Speaker | *What causes severe morning sickness: using genetics to solve an unmet need in women's health*

**Google Ventures Women's Healthcare**  
Speaker | *Hyperemesis Gravidarum*

### **HLTH**

Panelist | *The Under-researched, Under-diagnosed and Overlooked Truth about Women's Health*

### **International Colloquium on Hyperemesis Gravidarum (ICHG)**

Conference co-Chair, Speaker, Moderator | *The Search for a Cause: Multi-ethnic meta-analysis identifies new genes associated with HG*







“  
HER GAVE ME  
INFORMATION THAT I  
SHARED WITH MY  
DOCTOR AND  
EMOTIONAL SUPPORT  
SO I KNEW I WAS NOT  
ALONE IN THIS  
JOURNEY.  
-GABBY, MEXICO

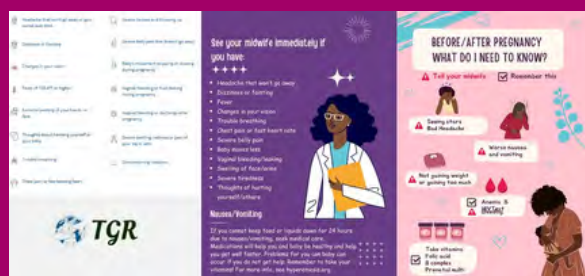


# RAISING AWARENESS & ADVOCATING FOR CHANGE

Your generous support empowers the HER Foundation to be a powerful advocate for families facing HG. Over the past two years, our strategic engagement with the Texas Health and Human Services Commission and the Texas Medical Association has been instrumental in creating a more informed and effective approach to HG within the state. We also provided insight into the crucial needs of those experiencing HG with the Society on Maternal-Fetal Medicine. Through collaborative discussions and shared expertise, we are working to integrate best practices and improved education for providers. Active engagement at the policy level is crucial for systemic change and ensuring better outcomes for mothers and babies.

We also actively engage with policymakers on a national level, including the distribution of our Hill Staff newsletter to inform key congressional staff about the critical needs of the HG community and the progress being made.

A cornerstone of our advocacy work is empowering healthcare professionals with the knowledge and tools they need to provide optimal care for HG. Through our partnership with Tender Grassroots in Uganda, we directly educated midwives, nurses, and physicians on evidence-based treatment strategies for HG. We also introduced and facilitated the adoption of our HELP Score as a vital screening tool, which is now being utilized with all expectant mothers at the clinic. By equipping healthcare providers with the latest knowledge and practical tools, we are directly contributing to earlier diagnosis, more effective management, and ultimately, healthier pregnancies for women and babies in underserved communities.





## ICHG 2024 CASE DISCUSSION

HER Medical Director, Dr. Aimee Brecht-Doscher, lead a round table discussion on management of difficult HG cases at ICHG with Dr. Andrew Housholder & Dr. Jone Trovik.



## APGO/CREOG CONFERENCE

At the APGO/CREOG conference, our team educated over 100 obstetrical professionals, educators, and trainees while debuting our palm-sized algorithm card.



## TEXAS HEALTH & HUMAN SERVICES

Our clinical team reached over 550 professionals at the Texas Office on Disability Prevention with HG training. We also presented to over 350 clinicians and nutritionists at multiple Texas WIC events, including their 50<sup>th</sup> Anniversary Conference.



## ICHG 2024 POSTERS

Our ICHG posters highlighted our latest research on both global trends in HG hospitalization and treatment, and local community perceptions and needs in Uganda.



## WHITE HOUSE CONFERENCE ON WOMEN'S HEALTH RESEARCH



**I'M ALSO WORKING WITH PHARMA TO DEVELOP A DRUG FOR HYPEREMESIS AND TEST A STRATEGY TO PREVENT HYPEREMESIS GRAVIDARUM.**

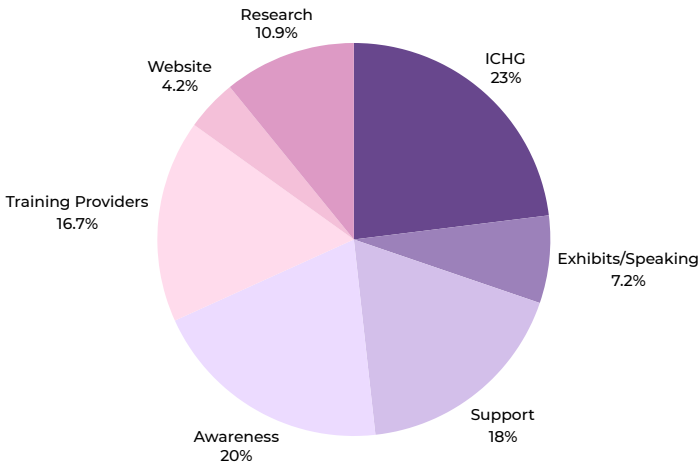
Marlena Fejzo, PhD

# 2023 FINANCIAL OVERVIEW

## HIGHLIGHT: EDUCATION

In 2023, the HER Foundation focused on provider education and research advancement. We educated providers across many disciplines, developed a training program, and celebrated the publication of our latest groundbreaking study on GDF15.

## 2023-2024 EXPENSE SUMMARY



## 2023 REVENUE

Revenues	US Dollars
Donor Contributions	\$178,200
Grants	\$ 13,095
<hr/>	
TOTAL	\$191,295

## 2023 EXPENSES

Expenses	US Dollars
Administration	\$23,462
Fundraising	\$ 9,789
Programs	\$98,876
<hr/>	
TOTAL	\$132,127

## VOLUNTEER SUPPORT

Our volunteers contributed thousands of hours to deliver free support services, host ICHG 2024 and other events, design new resources, update our website, and expand our global reach, all to ensure efficiency and low overhead.





# 2024 FINANCIAL OVERVIEW

## HIGHLIGHT: ICHG CONFERENCE

In 2024, the HER Foundation prioritized the dissemination of HG research by hosting the International Colloquium on Hyperemesis Gravidarum (ICHG). This biennial conference effectively convened scientists, health professionals, and patients to share the latest advancements and discuss critical needs.



2023-2024

# \$74,682

RESEARCH DONATIONS

## 2024 REVENUE

Revenues	US Dollars
Donor Contributions	\$107,717
Grants	\$118,267
<b>TOTAL</b>	<b>\$225,984</b>

## 2024 EXPENSES

Expenses	US Dollars
Administration	\$ 20,492
Fundraising	\$ 16,624
Programs	\$134,258
<b>TOTAL</b>	<b>\$171,374</b>

## IMPACT & TRANSPARENCY VERIFICATION



Our commitment to you extends beyond financial integrity; we strive for meaningful community impact. Through Impact Genome verification, we prove that your generosity translates to real benefits for our community. This, coupled with our 2022 Candid Platinum Seal of Transparency, underscores our dedication to accountability. With quarterly Board reviews, professional financial management, and transparent tax reporting, we ensure every dollar makes a difference.



# OUR PEOPLE

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## BOARD OF DIRECTORS



**Kelly Ryerson, MBA**  
*Chair / Treasurer*  
Sow the Seeds



**Kimber MacGibbon, MS, BSN, RN**  
*Executive Director*  
Vice Chair / Secretary



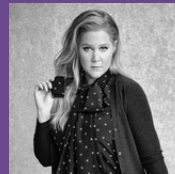
**Aimee Brecht-Doscher, MD**  
*Medical Advisor*  
Ventura City Healthcare Agency



**Kristina Kincaid, MS**  
Booz Allen Hamilton



**Marlena Fejzo, PhD**  
*Research Advisor*  
University of Southern California



**Amy Schumer, BA**  
Actress/Comedian/Celebrity

## STAFF MEMBERS



**Nicole Lyashenko-MacGibbon**  
Communications, Volunteer, and  
Donor Manager



**Alina Spelciuc**  
Referral and Support Specialist



**Ana Luran**  
Support and Engagement  
Specialist

## ADVISORY COUNCIL

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Nada Al-Hamalawy, MPA  
Benjamin Anderson, PhD  
Tim Blake, MA  
Emily Branham, PhD  
Judy Chen, PharmD  
Sarah Coffman, MSW, LCSW  
Fatuma Doka, CRNP  
Erika Giraldo, DNP, ARNP  
April Horsley, PsyD

Andrew Housholder, MD, FACEP  
Kelly Housholder, BFA  
Rachel Lobdell, MA  
Elizabeth Lowder, MSW, LCSW  
Julia Moffett, BS  
Michelle T. Nguyen, MD, FACOG  
Chidinma Onweni, MD  
Hoda Shawky, MSN, CPNP, PMHS, IBCLC  
Margarita Valdez, MPPA



“

THE HER COMMUNITY  
HELPED ME FEEL LESS  
ALONE AND MORE  
SUPPORTED.  
HER ALSO HELPED ME  
COMMUNICATE MY  
THOUGHTS AND  
FEELINGS TO MY  
DOCTOR. I WAS  
ABLE TO GET THE  
HELP I NEEDED.

Colleen, HG Survivor



# PARNTERS IN IMPACT

We appreciate the generous support and collaboration of our business and program partners!



## THANK YOU TO OUR AMAZING VOLUNTEERS

In addition to our amazing Board of Directors and Advisory Council members volunteering their time, we want to thank some of our many volunteers for their incredible support!

### VOLUNTEERS

Caroline Anderson  
Emily Beauchamp  
Amie Bender  
Jane Brosseau  
Ashton Clark  
Kathryn Clarke  
Kari & Jay Demer  
Summer de Vera  
Kat Dewett  
Suzanne Drapeau

Mel Frank  
Marla Jahnke  
Kristen Kator  
Vida Mercer  
Alicia & Adam Messer  
Elizabeth Meyer  
Kyle Moffett  
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### AMBASSADORS

Aijia Grammer  
Jen Jean Pierre & Jermaine Maull  
Kathryn & Andrew Romine



# OUR DONORS MAKE A DIFFERENCE

Our global impact is powered by the generosity of our donor community. Although 2024 saw a significant decrease in individual donations after a strong 2023, strategic investments from grantors have been vital in enabling our growth and expanding our impact. We are deeply thankful for all support, especially from those who have experienced the devastation of HG. With your continued partnership, we will prioritize the expansion of our crisis and mental health support programs, creating a significant positive impact for our community.

## WHY WE SUPPORT HER

I had HG when I was pregnant with all three of our daughters. I didn't discover the HER Foundation until the end of my second pregnancy, but used HER resources to advocate for better medication options when I was pregnant with our youngest. We feel like our donation will do a lot of good since HG has historically been very underfunded, so there are a lot of unexplored/under-explored opportunities to improve care. HER has so many great resources, we hope our donation will help get those resources to more people. We also hope our donation can help HER discover better treatments (and hopefully a cure), so our daughters will have the option of having kids without worrying about HG.

— JM, Colorado, USA



## THANK YOU TO OUR GRANTORS

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The past two years have seen remarkable generosity from industry leaders and funders, directly supporting the International Colloquium on HG and our essential support programs. This vital investment in HER has empowered us to achieve new levels of impact. Thank you!



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