

# TOP 5 QUESTIONS

What to ask yourself if you have HG and no treatment seems to be helping you...

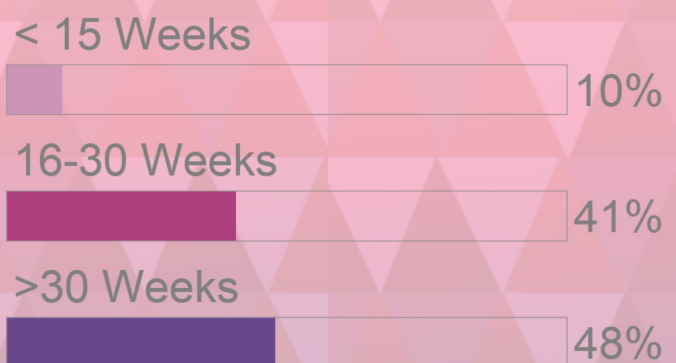


HER Foundation  
[www.HelpHER.org](http://www.HelpHER.org)

## HG Management

1. Do you need to get IV fluids more often at the ER, clinic or at home?
2. Are you taking your meds on a strict daily schedule?
3. Are your meds staying down or do you need them IV, subcutaneously or sublingual?
4. Does your medication dose need to be increased?
5. Have you received any B vitamins and a multivitamin in your IV fluids?

HG symptoms peak between 8 and 11 weeks of pregnancy.



When will HG end?

HER Foundation Polls

The HER Foundation has what you need to survive HG!

[www.helpher.org/info/top5Q.php](http://www.helpher.org/info/top5Q.php)

Survival Guides, Brochures, Tracking Forms, Doctor Interview Script

Treatment Protocol, Medication Info & Help for Preparing or Recovery

Health Professional Referral Network for HG-friendly treatment.

Worldwide volunteer network & groups for emotional support.

