## WHEN YOU HELP HER YOU HELP OTHERS!













Reach out, empower & be part of the change!

## **RESEARCH**

Participating in Research

Improves the quality of our research & increases awareness



Helps HER attract prominent researchers and grants.

## **FUNDRAISE**

Raising Money for HER

100% goes to Education & Research



Increases awareness among health professionals and the mothers they serve.

## SHARE

Spreading the Word

Tell your story in your unique way & refer others to the HER site.





Builds support structures and information sharing that helps others with HG.