The Voices of HG from Around the World
All around the globe, HG women are speaking out

“I had seen a dozen of doctors at least. They just told me it [happens]… and it could be psychological. The illness is nearly unbearable, but the negation of that illness is simply destructive.” –Virginie, France

“All our hopes of a big family have been shattered by Hyperemesis. The seven months spent in [the] hospital will never be forgotten, not even in a very distant future. I get upset when other mothers say to me that they understood what I went through because they had also suffered during their pregnancies and had bad headaches or couldn’t drink coffee in the morning without feeling sick. Only Hyperemesis survivors can fully understand [that] something must be done.” –Jessica, Germany

“I feel I took the ‘easy’ way out and ended up terminating my pregnancies, I am ashamed to admit. The emotional scars are horrific, my life will never be the same. I can’t afford Zofran. Surely it costs more to have a patient in the hospital than to reduce the cost of medication.” –LJ, Australia

“I had a doctor who put me in the anorexia program, because he thought it was a psychological problem. That made me extremely mad and frustrated knowing that was not the problem. At 8 weeks of pregnancy I felt like someone shot poison into my body, after delivery I felt fantastic, everything was gone immediately.” –Elisabeth, Holland

“I am still constantly amazed at how ignorant most of the medical staff are of how to pro-actively treat HG – mostly they seem content to just try to alleviate the symptoms temporarily rather than trying to find specific causes or truly effective interventions.” –Jo, Zimbabwe

“I was hospitalized [from] 5 ½ weeks [until] 17 weeks with admissions till delivery… I gave up work, couldn’t walk, couldn’t eat, and lost approx. 30 pounds. I looked like a skeleton and felt… like I was dead.” –Jacqueline, Ireland

“My muscles have broken down from being unable to walk without vomiting, I fractured a rib, tore my esophagus, damaged my eyes and need ten root canals.” –Wendy, Australia

“I did end up losing my job as a result of having HG and I had to go and live with my parents for 3 months so my mum could take care of me.” –Natalie, United Kingdom

“I ended up losing my job and my life for nine months… was told it was in my head… little treatment was offered… at 6 weeks pregnant… all I wanted was the pain and sickness to stop and was told I would have to… terminate. I have grieved every day for that loss… with awareness… and proper [information] maybe people [with HG] can be taken seriously and given proper care… doctors can do operations that you’d never think… possible; yet, they can’t stop [HG]… it’s heartbreaking, and soul destroying.” –K.N., England

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For more information or to locate an HG survivor in your country contact: media@HelpHER.org